

STUDY GUIDE

Week 8 – How Not to Wreck Your Life

Raising Kids Without Losing Your Mind

Text: Proverbs 22:6; 13:24; 29:17

⁶Train up a child in the way he should go; even when he is old he will not depart from it."

PROVERBS 22:6

SMALL GROUP GOAL

To explore biblical wisdom for parenting (and mentoring) that forms hearts, not just habits—raising the next generation with love, correction, and peace that reflects God’s heart.

READ

Proverbs 22:6; 13:24; 29:17

DISCUSSION QUESTIONS

THE TEXT:

1. What stands out to you from these verses about the purpose of parenting?
2. Proverbs 22:6 says to “train up a child.” What does “training” look like in everyday life?
3. Why do you think Proverbs connects love and discipline (13:24)?
4. According to Proverbs 29:17, what connection do you see between correction and peace in the home?
5. What does this reveal about God’s heart toward His children—and ours toward those we influence?

MEDITATION:

1. What kind of “path” do you think God wants us to set for our children or those we mentor?
2. The sermon said, “Training is not perfection—it’s patterns. How do the small, repeated choices in your home shape long-term direction?”
3. How can early boundaries and routines actually communicate love and safety?
4. Why is discipline described as an act of love rather than anger?
5. Think about a time when you experienced “restoration” after correction—what made that moment healing rather than harsh?

6. In what ways does your tone and presence reflect God's patient heart when you correct others?

APPLICATION:

1. What's one small pattern or routine that could help your family (or circle of influence) walk in wisdom this week?
2. How can you show love and correction at the same time?
3. Where might you need to replace reaction with calm, Christlike correction?
4. How can your home become a place that restores peace after conflict?

PRAYER

Lord, thank You for trusting us with influence over the next generation.
Teach us to train with purpose, to discipline with love, and to correct with grace.
Calm our hearts when storms rise and fill our homes with Your peace.
Shape us as we shape others, so our families reflect Your wisdom and love.
Amen.

CHALLENGE

Choose one small habit this week that builds peace and consistency in your home—
a shared meal, a prayer before bed, or one positive rule stated clearly and practiced daily.
Ask God to make your home a place where His peace dwells and His truth is lived.

