

STUDY GUIDE

Week 6 – How Not to Wreck Your Life

Clock In - Don't Check Out

Laziness leads to lack. Wisdom shows up early, works with purpose, and does it all for God's glory. It's not hustle culture, it's holy diligence.

Text: Proverbs 6:6-11; 10:4-5; 16:3

Go to the ant, O sluggard;
consider her ways, and be wise.
⁷ Without having any chief,
officer, or ruler,
⁸ she prepares her bread in
summer
and gathers her food in harvest.
⁹ How long will you lie there, O
sluggard?
When will you arise from your
sleep?
¹⁰ A little sleep, a little slumber,
a little folding of the hands to
rest,
¹¹ and poverty will come upon you
like a robber,
and want like an armed man.

PROVERBS 6:6-11

SMALL GROUP GOAL

Identify how God-honoring diligence differs from cultural hustle or spiritual laziness, and commit to one step toward holy diligence this week.

READ

Proverbs 6:6–11; 10:4–5; 16:3

DISCUSSION QUESTIONS

THE TEXT:

1. What stands out to you from these verses?
2. Why do you think the writer of Proverbs uses such strong imagery (ants, robbers, armed men) to describe laziness?

MEDITATION:

"Go to the ant, O sluggard; consider her ways, and be wise." Proverbs 6:6-8 (ESV)

3. In what ways do you struggle with diligence mentally, spiritually, or emotionally?
4. What routines or habits have helped you become more consistent and dependable?
5. How is the ant's diligence different from a hustle culture mentality?

"Commit your work to the Lord, and your plans will be established." Proverbs 16:3 (ESV)

6. How does hustle culture affect your family, rest, and relationships?
7. How can you tell when your hard work is producing good fruit vs. burning you out?
8. What's the difference between committing your work to God and simply trying harder?
9. What's one thing you've been putting off that God may be calling you to address?

APPLICATION:

Sometimes laziness isn't about doing nothing, it's about doing everything *except* the thing God asked you to do."

- What might God be asking you to stop delaying?
- What is one specific task, habit, or responsibility you want to commit to this week as a step of holy diligence?

BONUS:

Read Colossians 3:23 as a prayer together.

"Whatever you do, work heartily, as for the Lord and not for men."

PRAYER

Spend time praying over:

- Those struggling with burnout and exhaustion.
- Those dealing with procrastination and avoidance.
- God to bless the work of your hands and reorient your heart toward holy diligence.

CHALLENGE

Journal this week and used the following Prompt: *"What's one area in your life where you have checked out that you need to clock back in?"*

