

STUDY GUIDE

Week 2 – How Not to Wreck Your Life

Don't Be an Idiot (Even If Everyone Else Is) Wisdom and Folly Both Have Loud Voices

The fear of the LORD is the
beginning of wisdom,
and the knowledge of the Holy
One is insight.

PROVERBS 9:10

SMALL GROUP GOAL

Help participants identify the competing voices of wisdom and folly in their lives and grow in choosing wisdom even when it's unpopular or inconvenient.

READ

Proverbs 1:20–33 (ESV) and Proverbs 9:1–18 (ESV)

- What did you notice in the way Wisdom and Folly are described?
- What are some differences between their invitations and outcomes?

DISCUSSION QUESTIONS

THE TEXT:

1. Why do you think both Wisdom and Folly are portrayed as shouting loudly in public places?
2. According to these passages, what are some characteristics of Lady Folly? What about Lady Wisdom?
3. How does Proverbs define foolishness in these chapters?

MEDITATION:

4. In your current season of life, where are you most likely to hear Folly's voice (culture, media, friends, desires, etc.)?
5. Which of the following temptations from Folly do you relate to most:
 - a. The loudness (noise/distraction)?
 - b. The flattery (ego boost)?
 - c. The shortcuts (easy wins)?
 - d. The mimicry of wisdom (something that feels "right" but isn't)?
6. What's an example of a time when following God's wisdom made you feel like you were going against the crowd?

APPLICATION:

7. What are some ways we can train ourselves to recognize the voice of Wisdom more clearly?
8. Think about your daily routine, what's one small decision where you could actively choose wisdom this week?
9. How can this group help each other stay accountable to choosing wisdom when it's hard?

PRAYER

- Pray for discernment to recognize the voices in our lives.
- Ask for humility to receive wisdom, even when it challenges us.
- Pray for the courage to stand for what's right even when it's unpopular.

CHALLENGE

Spend 5–10 minutes each day in a quiet place, reading one chapter of Proverbs (this week chapter 2). Ask God to help you discern the voice of Wisdom in your decisions and write down one takeaway from each day.

