

DELAWARE CHRISTIAN CHURCH

GROUPS

EPHESIANS STUDY

WEEK 1

WEEK 2

WEEK 3

WEEK 4

WEEK 5

WEEK 6



WEEK 1

EPHESIANS STUDY



STUDY GUIDE

SESSION GOAL

Every session has a point—what each participant should walk away from the discussion knowing, feeling, and doing. A head change, heart change, and life change.

MAIN IDEA

God is uniting all things on earth and in heaven.

⁷In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace, ⁸which he lavished upon us, in all wisdom and insight ⁹making known to us the mystery of his will, according to his purpose, which he set forth in Christ ¹⁰as a plan for the fullness of time, to unite all things in him, things in heaven and things on earth.

EPHESIANS 1:7-10

HEAD CHANGE

To gain a heavenly, as it is on earth perspective.

HEART CHANGE

Aspire for a heavenly life on earth

LIFE CHANGE

Every word we say, every action we do, every thought we have can be a “heaven come down moment”.

READ

Ephesians Chapter 1

WATCH

[Panoramic Session 1 Video](#)

DISCUSS

1. Sam opens talking about panoramic pictures. Have you ever been to a wide-open space wanting to capture the scene but couldn't with a single frame?
2. What is the vantage point of panoramic?

3. Have you read the book of Ephesians before? If so, what did God speak to you through it?
4. Do you think a two-thousand-year-old letter is relevant to us today?
5. Sam draws from the similarities and differences between Ephesus and Columbus. Can you see how learning about the letter to Ephesus is crucial for us today?
6. If the moral status of Ephesus was the temple of Artemis, what is the equivalent in Columbus?
7. You should affirm that Ephesians 1:10 is the revelation. What are your thoughts on our God is a God of revelation?
8. What did Ephesians 1:10 mean to you before and after this study? Has this session changed your perspective of Ephesians 1:10?
9. Jesus proclaimed this very important reality when he said in Mark 1:15 "The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel." What does Jesus mean by the words *repent* and *believe*?
10. What parts of your life are not under the lordship of Jesus? How can you demonstrate Jesus' lordship in your life?

WEEK 2

EPHESIANS STUDY



STUDY GUIDE

SESSION GOAL

In Ephesians 2:10, Paul writes that God created each of us to fulfill a plan and purpose. When you are known & cared for personally – it changes the way you approach your day. God is prepping us to do “good works” which He’s prepared for us in advance.

The Message paraphrases it this way: "God does both the making and saving. He creates each of us by Christ Jesus to join Him in the work He does, the good work He has gotten ready for us to do, work we had better be doing"

Serving others isn't about earning God's favor or paying Him back for our salvation. It's a way to discover how God made us and to join Him in changing the world. We can get joy from caring for others the way God cares us.

⁸For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, ⁹not a result of works, so that no one may boast. ¹⁰For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

EPHESIANS 2:8-10

MAIN IDEA

We are God's workmanship. He created us for a purpose, to do something God has always had in mind.

HEAD CHANGE

To emphasize character over calling

HEART CHANGE

To embrace your life purpose

LIFE CHANGE

Living according to God's true purpose

READ

Ephesians Chapter 2

WATCH

[Panoramic Session 2 Video](#)

DISCUSS

1. There is an information overload in the 21st century. Are there instances where a lot of information is necessary for the life of the individual?
2. Do you have a specific spiritual goal for your life? If your life was a panoramic picture, what would it look like?
3. What is your personal definition of holy and blameless? Most Christians believe these to be boring. How can we change this perspective?
4. Sam says God's purpose for you emphasizes character over calling. Do you agree?
5. Do your everyday life decisions matter? Why?
6. What areas of your life have you emphasized calling over character?
7. Do you want to live out your purpose? Do you want to resolve single-minded life?
8. What are the good works God has prepared for us to do? How do you know? Remember, it isn't our works that save us, but that we are compelled by the grace of God to respond to it. Read James 2:14-26.
9. Are you serving in the church? If so, what's your favorite part of what you get to do? If you're not serving, why not?

WEEK 3

EPHESIANS STUDY



STUDY GUIDE

¹⁰so that through the church the manifold wisdom of God might now be made known to the rulers and authorities in the heavenly places.

EPHESIANS 3:10

SESSION GOAL

Just as Paul was commissioned to proclaim the mysteries of God that unite us, the Church today must understand we are also called to make known the manifold wisdom of God with boldness and confidence that comes from faith in Jesus.

MAIN IDEA

Know our responsibility as the church (to be a lens to the world) and make known God's manifold wisdom.

HEAD CHANGE

The church mission has implications that echo through heaven and earth, the entire spiritual realm. Our mission goes beyond physical boundaries of our existence and impacts our spiritual realm.

HEART CHANGE

The desire to proclaim to the whole entire world and heavenly beings that God on His throne and all the promises in Him are yes and Amen.

LIFE CHANGE

Having the perspective that how we live our life is a lens for all of God's creation.

READ

Ephesians Chapter 3

WATCH

[Panoramic Session 3 Video](#)

DISCUSS

1. Do you think all Christians see out of the same lens? Should we have one lens or multiple lenses?
2. We see things through our own personal lens; parental lens, political lens, social lens, emotional lens, but is there one lens that should over ride all these?
3. As the church, how are we giving the best field of view to those outside the church?
4. Did you know that the churches mission impacts not only on earth, but in heaven? Do you only think physical or also spiritual?
5. Does God use evil to accomplish His own purpose?
6. In the study Sam shared that God counted the evil plans and deeds of people for His plan of redemption, does God still act in this way in the life of believers today?
7. How do you and I reveal such a revelation to a world that is visible and invisible? A world that is still under the manipulation of the evil lenses.

PRAYER

There's really no better way to end than by using the prayer that Paul uses at the end of chapter three.

"Now to Him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to Him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen."

WEEK 4

EPHESIANS STUDY GUIDE



STUDY GUIDE

SESSION GOAL

To speak truth in love includes how Christians communicate with believers and unbelievers alike. Believers are called to live in harmony and unity with one another as family. With unbelievers, we are told to be ready at all times to "make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect" (1 Peter 3:15). Christians shouldn't be mean-spirited in order to be accurate when sharing our faith with others. Instead, we should speak the truth in love, letting God's Spirit work boldly in us and through us to help others come to faith in Christ.

¹⁵ Rather, speaking the truth in love, we are to grow up in every way into Him who is the head, into Christ, ¹⁶from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

EPHESIANS 4:15-16

MAIN IDEA

Unity comes from practicing truth and love.

HEAD CHANGE

To understand the contrast between truth and love in relationships.

HEART CHANGE

Finding hope in God's truth and love.

LIFE CHANGE

Resolve to live a life that leads with truth and lands on love.

READ

Ephesians Chapter 4

WATCH

[Panoramic Session 4 Video](#)

DISCUSS

1. What purpose do pictures serve in your personal life? What was the last picture you took?
2. What is the importance of body parts working together? What happens when one part doesn't work properly? What part of the body of Christ would you be based on your abilities and gifts? If you're unsure, have your group members help.
3. Does your life's panoramic picture show the complete truth and love of Christ? Are there snapshots you need to change? Self-reflect.
4. How has someone telling you the truth hurt you? How has someone hurt you by being loving towards you without truth? Now, flip it. Have you felt the tension of telling truth with love to someone?
5. Like Jesus, we must lead with truth and land on love. How can we do that?
6. What if God was only love? Or only full of truth?

WEEK 5

EPHESIANS STUDY GUIDE



STUDY GUIDE

SESSION GOAL

Living as light fulfills God's purpose for Christians.

Those who are saved by faith in Christ are not merely improved, they are radically transformed from darkness to light.

¹¹Take no part in the unfruitful works of darkness, but instead expose them. ¹²For it is shameful even to speak of the things that they do in secret. ¹³But when anything is exposed by the light, it becomes visible, ¹⁴for anything that becomes visible is light. Therefore it says,
“Awake, O sleeper,
and arise from the dead,
and Christ will shine on you.”

EPHESIANS 5:11-14

MAIN IDEA

We are to be light.

HEAD CHANGE

To understand the purpose of light.

HEART CHANGE

To be led and directed by The Holy Spirit, who is our light.

LIFE CHANGE

To live out the Fruit of the Spirit in everyday life.

READ

Ephesians Chapter 5

WATCH

[Panoramic Session 5 Video](#)

DISCUSS

1. Have you ever noticed how the light in a picture can affect how you feel about it?
2. What are examples you can give of darkness and light within our lives

3. Can you name a time in your life where you went from darkness to light? What does it look like to expose darkness in your life?

4. Do you believe we can still have light in our lives without the Holy Spirit? How does the Holy Spirit guide us to be a light?

5. What do you think it means to be dead in your trespasses and sins?

6. Sam said we are empowered by Jesus to be light to this world through the Holy Spirit and quotes Galatians 5:22-24. What are tangible ways you can display love, joy, peace, patience, self-control...?

7. How captivating is it to have a life full of joy, kindness, love, self-control...? If these are appealing to everyone, where does the church fail to represent?

WEEK 6

EPHESIANS STUDY GUIDE



STUDY GUIDE

¹³Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.

EPHESIANS 6:13

SESSION GOAL

Ephesians is a book about God's love. We have access to so much, including His strength. Each piece of armor represents a part of God's strength that He extends to us when we are in Christ.

We are directed to "put on" this armor, which means we do not wear it all the time. Putting on the armor of God involves a conscious decision on our part.

MAIN IDEA

We have the ability to stand firm against the devil.

HEAD CHANGE

Believe the devil is real.

HEART CHANGE

Be encouraged that you have victory over the devil.

LIFE CHANGE

Put on the full armor of God.

READ

Ephesians Chapter 6

WATCH

[Panoramic Session 6 Video](#)

DISCUSS

1. What comes to mind when you hear the phrase "spiritual warfare"? What emotions come to mind when you even consider discussing this topic? Fear? Excitement? Uncertainty?
2. Danny mentions our battle is rooted in the schemes of the devil. What commands does Paul give as instruction for believers against the evil one's attack?

